

Dowsing

1) What is dowsing ?

Dowsing is simply a sensibility of humans to vibrations or frequencies emitted by other humans, animals, plants, objects, thoughts, events, even if they are microscopic or macroscopic (sun, universe) or if they come from the past or the future. As everything that exists in the universe comes from the same source, it is but normal that there is an influence from one thing on another. This sensitivity can be transformed in muscular movements (reflex movements), who are able to move a pendulum or a rod. All that exists has what we could call an “unconscious”, a connection with a “non-material” world, and this “non-material” world is sadly enough almost completely abandoned in our material society. (Western). Those “unconscious” who are all connected together in the non-material world, to something we could call a “collective unconscious”, will allow us to tap into it, and retrieve some useful information.

Seen in that way, it is easy to understand that everyone is capable of dowsing. Of course, as everybody is different, some will have more facilities to do it than others, but everyone can adventure in the world of the sixth sense. For a great deal of people, approximately 80%, a pendulum or a rod, or an antenna will do. Other persons will be more inclined to channeling, meditation, intuition by “feelings”...

There are a lot of techniques possible, and there is enough for everyone.

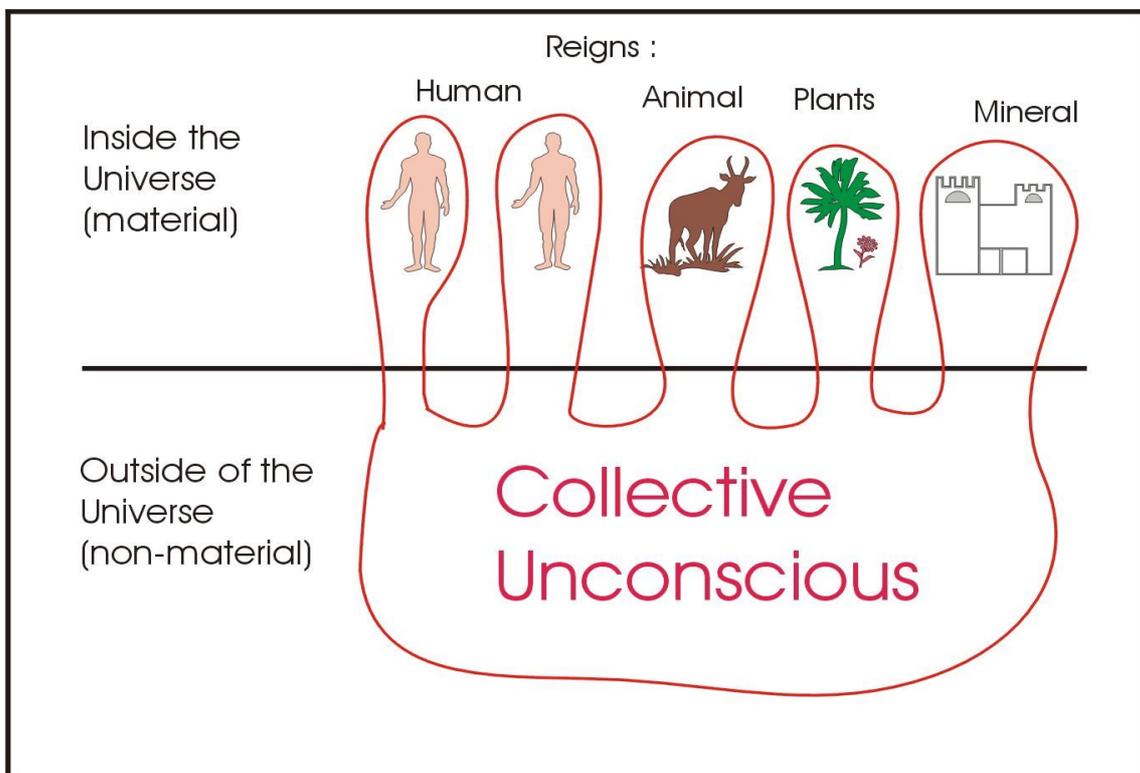


Figure 1.

Maybe now you will ask the question : If this is all so “natural” as you say, then why did the scientists not do research on the subject, to show the people that all this exists, and that they can use this as they wish ?

Scientists only accept a theory if they experience it, and that the experiences are reproducible. That means that they repeat several times the same experience within different groups, and in different places, and if the results are random, or they lack a certain logic (their logic), the theory is rejected or attributed to hazard.

There are four objections to that way of seeing things:

- 1) Dowsing is a “living” thing, and as with every living thing, there is a certain behaviour, but it is not reproducible.
- 2) Dowsing has a spiritual base, so if you apply the pure scientific way of thinking, the research will be limited and therefore incomplete.
- 3) When you attribute certain results to be “hazardous”, it would be great to first define what is hazard. In the dictionaries : “Hazard : things that happen with a non explainable cause.” So if the scientists cannot explain it, it is the “hazard”. But it is not necessary to reject something we cannot explain. If it works, we can simply use it without having an explanation.(why not ?)
- 4) The last but not the least objection is the following : Do the scientists have the right to find that dowsing works and make it public ? Unfortunately the answer is **NO**. Why ? I will just mention the invention of the car motor that functions with water, (what in my opinion is already done a long time ago) there will be an important lobby (people who make money with oil and fuel) who will oppose themselves to the project, even if that would resolve 43% of the earth pollution. So it is with dowsing; dowsing can do a lot of good to humanity, but the purpose of the actual society with the actual governments is not to do good to humanity. (rather the contrary) And for that, money will be spend to discredit dowsing (through the media) to avoid a massive use. (Think of the following : A politician speaks, and you can detect what is a lie and what isn't, or the pharmaceutical industry : you can check the utility of their very expensive drugs, and replace them by natural ones. (Antibiotics versus nanosilver)..etc)

2) How to begin ?

First you have to start the « mechanical » side of the technique. Here I will concentrate on the pendulum because it's the most practical technique, and the most discrete.

Begin with holding your pendulum above the drawings while asking (in your head – not speak out loud) to follow the direction of the drawing. While doing this, concentrate on the drawing without thinking of something else. (if possible)

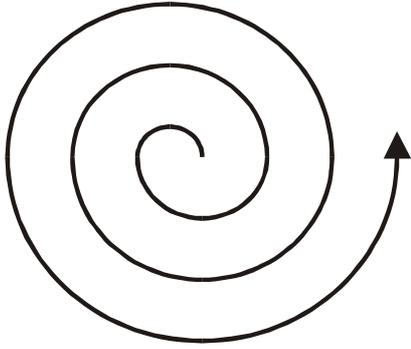


Fig 2.

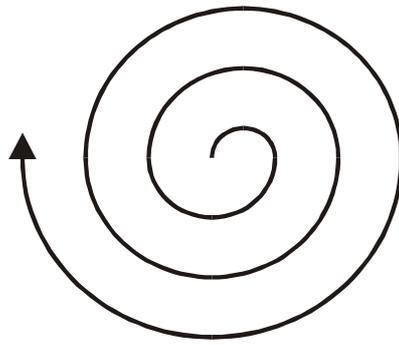


Fig 3.



Fig 4.



Fig 5.

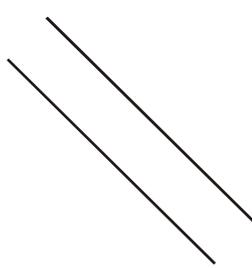


Fig 6.

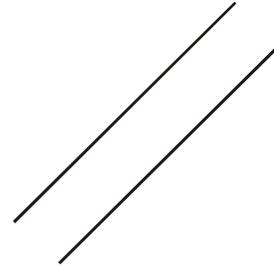


Fig 7.

If, after some trials, the pendulum starts moving and follows nicely the direction of the drawings, then you are one of these people who have the possibility that dowsing can or will be part of your life.

Of course, the choice of a pendulum who fits you, is important in the beginning. There is a vast choice of pendulums and you will certainly find what you need. The important things to observe while choosing a pendulum are the weight of the pendulum, the quality of the chain (wire, cord) and the length of that chain. By the length of the chain I mean the distance between the pendulum and where you are holding the chain between your fingers.

A too heavy pendulum will make only little movements, and a too light one will make uncontrollable movements. With time and exercise, it is possible to have to change your pendulum (usually a heavier one) because your arm is getting used to the practical side, and movements are getting bigger.

Concerning the length of the chain, there are no rules defined, the best thing is to “feel” what suits you by holding the pendulum at different heights of the chain. Once the pendulum moves smoothly while you are “feeling” as if you had no pendulum in your hand, than that is the correct length of the chain.

And about how to hold the pendulum : that's up to you, but the classical manner is between the thumb and the index finger, your elbow on the table and your the fingers pointing towards the ground; (see figure 8)

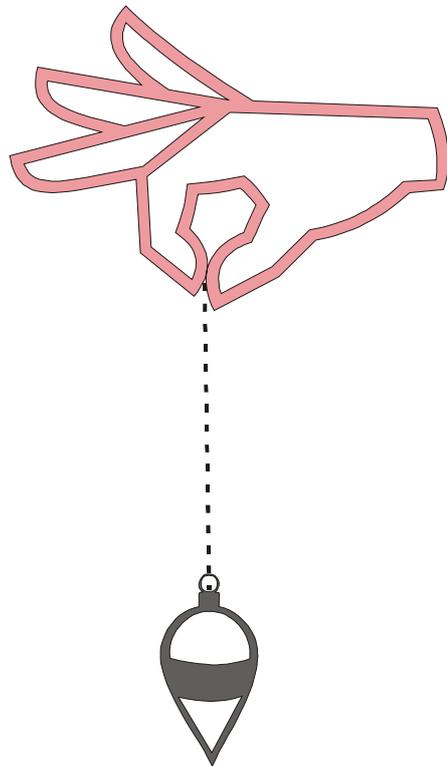


Figure 8

Once these movements tested with success , then you can go to the next level which is the mental convention.

3) The mental convention.

A mental convention is simply the fact to synchronise the ideas or questions you have in mind with the movements of the pendulum. The first thing to do is to choose (or let the pendulum choose) a movement that suits you which has to represent a YES or a NO. To give an example, (you may follow the example or not) for me the “YES” is a circular movement turning left (fig. 2) and “NO” is a rectilinear motion, back and forth (fig. 4). It's up to you to choose, or to let choose the pendulum.

How can you make the pendulum choose ? Just hold it in your hand and ask : “what is for me a suitable movement for YES ?”. Then watch the pendulum what movement it will make. Then do the same for the NO.

Once this decided, the exercise yourself to switch between the “yes” and the “no” by asking : “give me a yes” and “give me a no”. In the beginning the pendulum needs some time to switch between the yes and no, but with time and practice this will grow shorter. (1-2 seconds) Once the passage between yes and no has been learned, then you can really begin.

Now let's look at some real examples.

For your first questions, I suggest simple things from daily life such as questions on food and health:

- Is this slice of bread good for my health?
- Is it good for me to drink coke ?
- Are my food habits good for my health ?
- In average, do I sleep enough ?

In the beginning it is better to avoid questions on others, and questions with a strong emotional response like : “Am I too fat ?”. With that kind of questions there are other elements that enter the scene. We will discuss that later in this document.

If you arrived here, then you are a dowser. (beginner) You may now ask all the questions you have in mind, and the pendulum will answer you with “yes” or “no” according to the knowledge from the “collective unconscious”. It must also be said that the pendulum is not a binary device like a computer (with 0's and 1's), the pendulum can give you an answer that lays between yes and no which means something like : “whatever” or it's not “yes”, but it's not “no” either. It can also happen that the movements of “yes” and “no” are bigger in amplitude (or smaller) meaning an accentuation of these answers.

Example: * Is it alright for me to go to the movies and see the film ...?

(Answer NO but little movement)

* Is it alright for me to go to the prostitutes ?

(Answer is NO but large movements.)

To have a better idea of the response in such cases, the dowser can be assisted (if he wants) by a scale on paper (see fig. 9) with a percentage.

A percentage is a well known value in our society and therefore well suited to enlighten the answer.

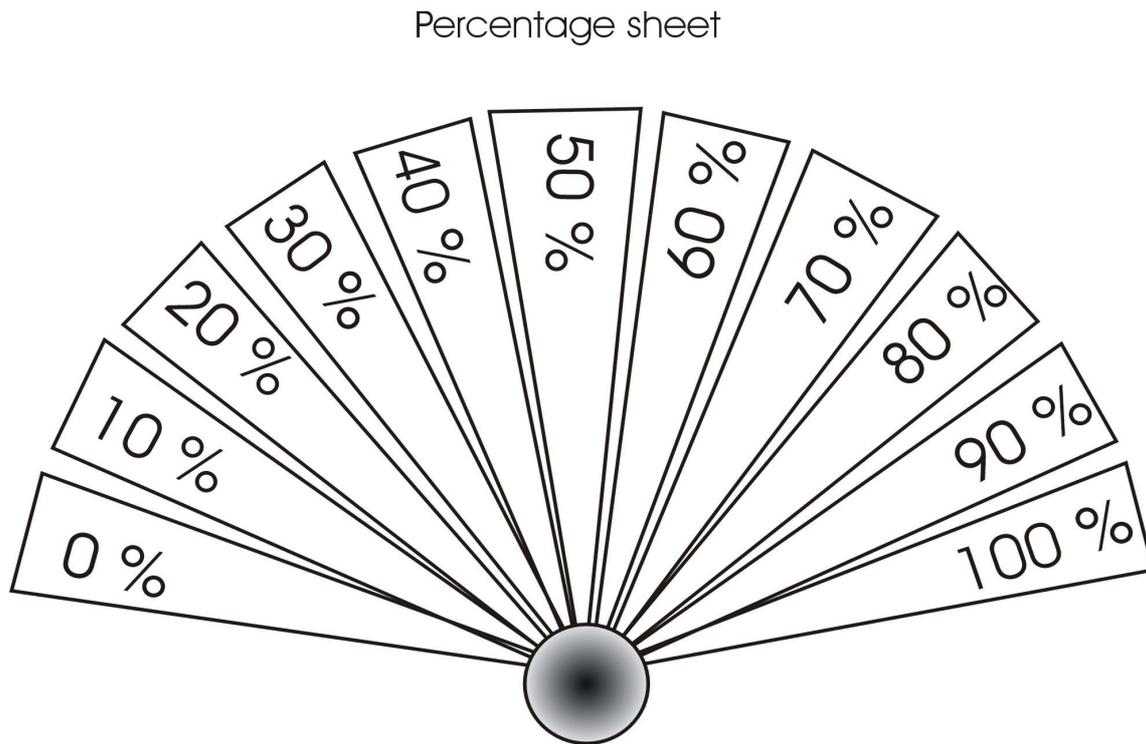


Fig. 9

Let's analyse again the example of the two questions from above. We will ask the same two questions but we will first give an “order” to the pendulum to make it react differently to our questions.

Here's how to do it :

The order to give is : “ If the best possible choice for me, considering my evolution, is 100% and the least good choice is 0%” then :

- What % does it represent for me to go to the movies and see the film.... ?

Now there are two possibilities :

- 1) Make the pendulum move (consciously) so it means a « NO » and then count slowly (in your head or even loud, as you wish) a percentage from 0 till 100. (in steps of 10% : 10, 20, 30, 40, 50, ...) When the pendulum changes its movement to show a « YES » then stop counting. You may even go more in detail by counting in units.(steps of 1%) Let's admit that the pendulum began changing its course at 50%, then you can continue as follows : Make the pendulum move again with the “NO” movement, then ask : “Exactly 50% ?” -> NO, “Less than 50% ?” -> NO, then count 50, 51, 52, 53, 54...until it says “YES” again. If this was at 56%, then that means that the fact of going to the movies can be qualified as 56% (knowing that 0% was a disaster and 100% was fantastic). This will allow you to compare easier with other questions or other possibilities.
- 2) The second possibility to have a percentage is to hold the pendulum above a printout of a fan-shaped percentage layout, and let the pendulum show you the percentage. (Fig. 9). This technique

is better suited for beginners because it's more visual and faster. Don't forget, if you are going to use the fan-shaped drawings, that you have to familiarize with that kind of support by exercising the movements. (you do this by taking the percentage sheet, placing the pendulum above the center (grey circle) and ask the pendulum to show you a certain percentage.

Now if you ask again the question of the prostitutes, maybe you will get 20% what means that it is much more interesting to go to the movies.(56%) But remark : It could have been the contrary...

One more thing : If you wish to work with percentages, it is very important to ask the pendulum what is a neutral percentage for you. This allows you to know that all percentages below the neutral can be considered as negative, (don't do it ! Avoid it !) and all percentages above are positive. (Do it ! It's ok..)

The paper support can be a fan-shaped drawing with all kinds of other possibilities, who are connected with what you are searching for. You can make them yourself (with the computer or by hand) and you can make as much as you like. The only limit is your imagination.

Here are some examples:

Weather sheet

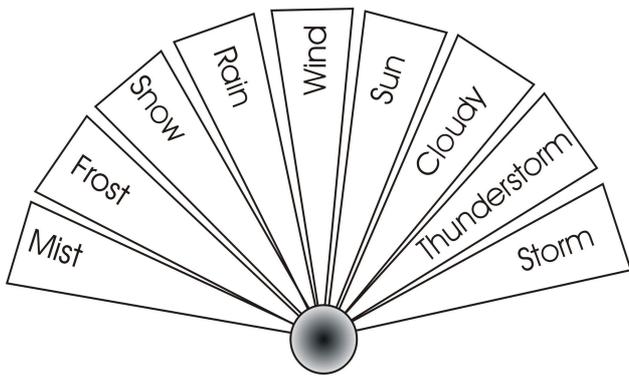


Fig. 10

Thermometer sheet

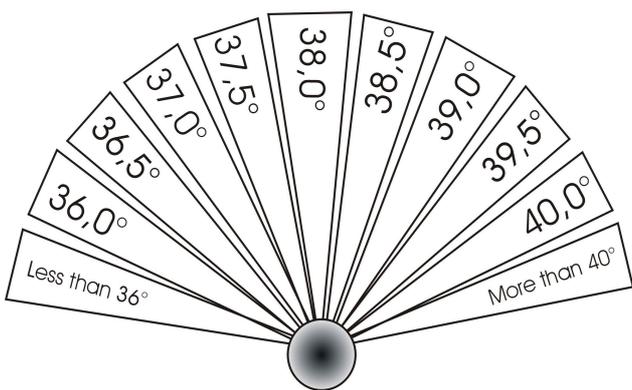


Fig. 12

Food sheet

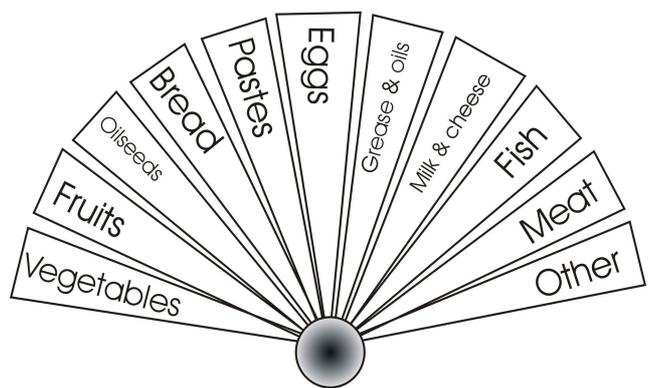


Fig.11

appreciation

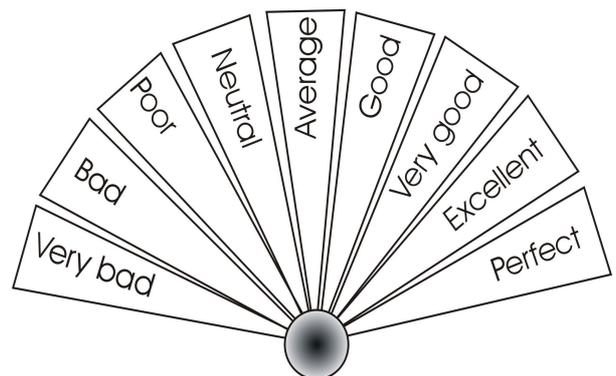


Fig.13

4) Where can I use dowsing ?

To the question in what domains can I use dowsing, the answer is quiet simple : in every domain.

As I mentioned above, the only limit is your imagination and/or your personal knowledge.

Of course, certain domains are more interesting than others : It can be interesting to know what is the percentage of iron present in the composition of the planet (?) pluto, but if you are suffering if something, it's more adequate to ask questions how to get rid of it.

In general the classical domains are :

- Personal evolution
- Health.
- Food.
- The past, the future. (global evolution)
- Work.
- All other domains that can bring an improvement in your life. (or the life of someone else)

Some examples of questions :

- If being on the ideal way for me, considering my personal evolution, is 100%; at what percentage am I now ?
- If a human being who has a perfect health can be considered as 100%, at what percentage is my health now ?
- Having a health problem, on what item is it useful to work and improve ?
 - Food ?
 - My job ?
 - My thoughts ?
 - Physical exercise ?
 - Personal evolution ?
 - My information ?
 - Etc...
- If the sum of all diseases of humans on earth are considered 100%, what percentage can be attributed to pollution ? (all kinds of pollution : food, water, air...)
- Does my actual job fit me ? (yes – no)
- At what percentage does my actual job fit me ?

And for scientists :

- Is the big-bang theory correct ?
- Do the extraterrestrials exist ?
- If the extraterrestrials exist, how many planets are inhabited in the from earth visible universe ?
 - One ? (earth)
 - Between 1 and 10 ?
 - Between 10 and 100 ?
 - Between 100 and 1000 ?
 - More than 1000 ?

As you can see, the domains where dowsing can be used are numerous, and the popular applications of dowsing like searching for water or finding lost objects are still valid but dowsing isn't limited to those.

1) The universal laws.

To have a better understanding of dowsing, and to have an idea what causes some errors, it is necessary to enter into the spiritual domain, and more exactly the universal laws.

What are these laws :

There are 3 laws, plus a fourth complementary law, and **all** that happens in the universe is subject to these laws. (absolutely everything, if you like it or not) So it is on earth, on the humans and their daily life.

These four laws are :

- Attraction
- deliberate Creation
- Tolerance
- Equilibrium.

Taking the first letter of each, you can make the word ACTE which is easier to remember. (In french it sounds better because “acte” means an act in the sense of doing something.)

The first 3 laws lead to the fourth which is a balanced state (equilibrium). These laws are actually not well known by the public, and therefore life on earth at the moment is “unbalanced”. (rich / poor, strong / weak...)

Dowsing is more subject to the third law which is “Tolerance”. Tolerance goes together with “respect”. The respect of people (yourself included) and all that exists in the universe is a “must” to dowse correctly, otherwise you are exposed to errors. (wrong informations)

This law can not be bypassed, and if you try to bypass it anyway to have some information on others, or on yourself, you can be sure that the answers will be worthless.

Example :

If you want to know where are missed persons, like Julie and Melissa in Belgium, (see the Dutroux case) then close family of them have to ask you to search for them. If you decide to search for them yourself, or if it is just for curiosity or even to “help” meaning no harm, you don't respect their private life, and that can make the answers wrong. And it is obvious that, if you do it to make yourself important (ego) by stating : I know where they are, then it will certainly not work.

So to dowse correctly, two words : Respect and humility.

Now, how can you avoid such errors as described above ? Quiet simple : before asking your question, ask the question : “ May I ask the following question ?”. If the answer is yes, then you may go ahead, and the answer will have 95% chance to be correct. If the answer is no, that's too bad for you or for your ego because the answer will certainly be false. (if you asked the question anyway)

Alright! From here on, you are well equipped to do some dowsing. In the following chapters we will discuss some more complex elements who have to be taken into account also.

6 Protections.

From what do you have to protect yourself while dowsing ? Let's go back to the collective unconscious. Each human can think, thoughts are a frequency that is emitted by the one who thinks. These thoughts, if they are strong or emitted by several humans can influence the results of dowsing. Especially when you are doing a research on subjects where a lot of people think about.

Let's take the example of Julie and Melissa (Dutroux case Belgium). When they disappeared, the media were talking almost all day about it, and as a result, a lot of people were thinking about them, and each one had his vision of the facts. If at that moment, a dowser is asked to help find the girls, (what often happens by the police if all else fails) then he will have hard time having a correct answer due to the huge amount of different thoughts hanging around.

There is of course a way to avoid that influence by including in your mental convention a wish to attenuate external influence. HOW?

The best way is to ask a special question in the beginning of your research. In that question have to be a few subdivisions, and one of them is the following:

“Am I in good conditions ?” (to do my research) -> yes or no ?

Another subdivision may be :

“Do I have a minimum of external influence guaranteed ?” -> yes or no ?

(Remark : you may also combine questions: you tell your pendulum that if you ask “this” question, that in fact you asked question 1, question 2, question 3... at the same time and all have to have a positive response in order to have “yes” as an answer. If you get a “no” then you can always ask each question in detail, to know which one is blocking the rest. It's like the “AND” function of computer programming)

So if you have a “yes” on the question of good conditions then you maybe sure that you won't have a wrong answer due to external influence. If the answer is “no” then this means that your answers may be wrong due to a too strong external influence.(or something else) Then do not continue your research.(After some years of experience you will be able to reduce the external influence to zero in all cases)

Now let's speak about emotions. Emotions can also generate errors. That's the kind of errors that are attributed to “auto-suggestion”. If you are researching on a subject which is “sensitive” to you, like a close family member, or something important for you (or at least what you **believe** is important !), some answers may be wrong because they are too loaded with emotion. Why ?

Your “unconscious”, or let's call it your “higher self” just wants you to be alright, so this “higher self” who knows you better than anyone, will not “hurt” you by giving you the right answer that you don't want to hear.

Examples :

- Do I have cancer ?
- Will I have aids sometime in my life ?

In these cases, you cannot add simply a question to your mental convention to eliminate the emotions. The only advice I can give you to avoid these errors is to do as if you're not concerned, (this is hard) or to ask another dowser to ask the question for you. (But if it's really not the time for you to have an answer to that question, the “higher self” of the other dowser will not give the answer either. Remember; on the other side, all is connected)

Finally some physical states of your body can also influence the good functionality of dowsing.

Here some examples where it will be difficult to dowse:

- Severe illness.
- Stress, nervous state.
- Tiredness, lack of energy.
- Emotional states (Anger, sadness, depression..)

7) Restrictions.

In this last chapter, we will analyze the usefulness and the security of certain informations. To state it simply, one can say that certain informations are “adequate” for you to know and other information is not. Why do we not have the right to know everything ?

First of all, the most important thing with dowsing, is to know if an information is useful or not. That's why the first and the best question there is to begin a research is “*May I ask the next question(s) ?*”. This question (the only question that is left for me after some years of dowsing) will eliminate almost 100% of the possible errors, because if the answer is “no” then that information is not for you.

The reasons why this information is not for you can be a lot of things, it can even be a reason that your intelligence is not able to understand !

Some variants to the most important question :

- 1) May I ask one or more questions on the subject ?
- 2) May I ask the question that Mr. X has asked me ?
- 3) May I ask all the questions that are needed to analyze subject ?

You will need a huge amount of humility to face the “No's” to these questions. Below are some reasons why you have a “no” to the most important question. (In the comprehensible domains..)

- a) It's not up to you to have this information.
- b) You will have this information, but by other means than dowsing. (another source, channel)
- c) The question is not useful, everything is alright.
- d) To receive this information could disturb your life plan (Karma)
- e) You do not respect the private space of the person in question.

Let's analyse a little these five reasons in detail:

«It's not up to you to have this information»

Sometimes informations are « sensitive » and your « higher self » knows that you will be unable to cope with that information, and you might take wrong decisions. But it could be that a colleague dowser has the ability to treat correctly the information, because he's more used to handle that kind of information.

Example : “May I ask if my liver is ill ?” -> answer : No

But your colleague who is a dowser and healer may have the answer and at the same time the cure to heal the disease. But he may not have the authority to say to you that it is a serious liver problem.

« You will receive this information but through other means. »

To have useful information you do not necessarily have to dowse. It could also be through simple intuition, a dream, an event, another person that simply “tells” you, an observation in nature, the lyrics of a song, the images of a film, all info that you just have heard or seen by accident or by “chance”. All the above described “sources” can also give you information (the information you asked for) but at the conditions that :

- 1) You know that they exist
- 2) You have an “open” mind which is not obstructed by daily worrying, and you clearly observe what is happening around you.
- 3) You are able to “discern” what is useful and what is not.

In these cases, it's possible that dowsing says “no”, you may not have this information, well knowing that you **will** have the information but in another way. You may also want to check an information you received another way by dowsing with the question : “Did I understand the information correctly ?”

“The question is not useful, everything is alright”

Sometimes we worry too much for little things without importance in your life like :

- What will I wear tomorrow ?
- Do I clean the kitchen today or tomorrow ?

Questions of that style will certainly have a “no” to the question : May I, because these questions are not relevant for your personal evolution. The “no” you get here can be understood as “whatever” or “It's up to you to decide...”.

“Receiving this information could disturb your life plan. (Karma)”

Here are some explanations why the pendulum refuses to answers questions like :

- When will I die ?
- Will one or more of my children die ?
- Will I have cancer, and if yes, when ?

If you would have the right to have a correct answer to these questions you would immediately take actions to avoid it. And taking these actions would modify your life coarse. If that kind of events *must* (?) happen in your life to experience it, then you will not have an answer. This means of course that you accept the phenomenons of Karma and/or of reincarnation. But be not afraid of the phenomenon of karma, because when you begin with dowsing, automatically you are entering a spiritual adventure, and if you go far in this *matter*, you can evolve to a point (after years) where you can decide yourself what the coarse of your life will be. That is because you are completely conscious of why you came here. And the “higher self” has certainly foreseen more than one life scenario. “Just in case...”

« *You do not respect the private space of the person in question* »

Examples:

- You have just seen a person whose health is a disaster and you ask the question : “May I know what drugs are good for that person ? “ -> NO
- Or the curious style : “May I know if the son of the neighbor is addicted to drugs ?” -> NO
- Or even closer : “May I ask if my mother has cancer ?” -> NO

In these cases, if the idea comes from you, and if it is “just to know”, then you will not be allowed to have the answer, because the concerned person did not ask for it.

There are even situations where you are not able to understand, with the knowledge and the intelligence you have, why you're not respecting the concerned person by asking your question. In these cases it will be difficult to accept the refusal, but with time you'll get used to that. That will also allow you to get rid of that unpleasant habit of being curious where you shouldn't. But don't make a mistake, curiosity in some cases is a very good quality, but if it's used to judge someone afterwards, or talk behind someone's back then it's a nasty behavior.

Another aspect of the utility of dowsing can be found in what I will call “games”.

What I mean by games are the following:

- Find the right numbers of a lottery game.
- Find an ace in a cards game
- Measure the height of a chair (from a distance)
- Finding lost objects with the sole purpose of seeing how good you are in finding them.
- Count the number of matches in a box.
- If tomorrow it will rain, then how much liters/m², and at what time?
- What would be a great move in my chess game ?

In all the above mentioned cases, the dowsing success will depend upon the intention placed behind these researches.

Let's see this in detail :

Let's take the search for an ace in a card game. If it's only for the fun, or to give a show, you may be sure that the results will not be better than “hazard”. That means you have 1 chance out of 2 to find the right card. If it is now to practice your dowsing and to see for yourself (and only yourself) if you may trust your pendulum, then the results will be much better. This is the same for all the other “games” with dowsing, and some games like finding the numbers of a lottery to make a lot of money, implicate other aspects such as emotions and karma. Winning a lot of money will bring a big change in your life, and if experiences like being rich are not part of your life plan, then you will not find the correct numbers, with or without dowsing. (But remember : by evolving you can change your life plan !)

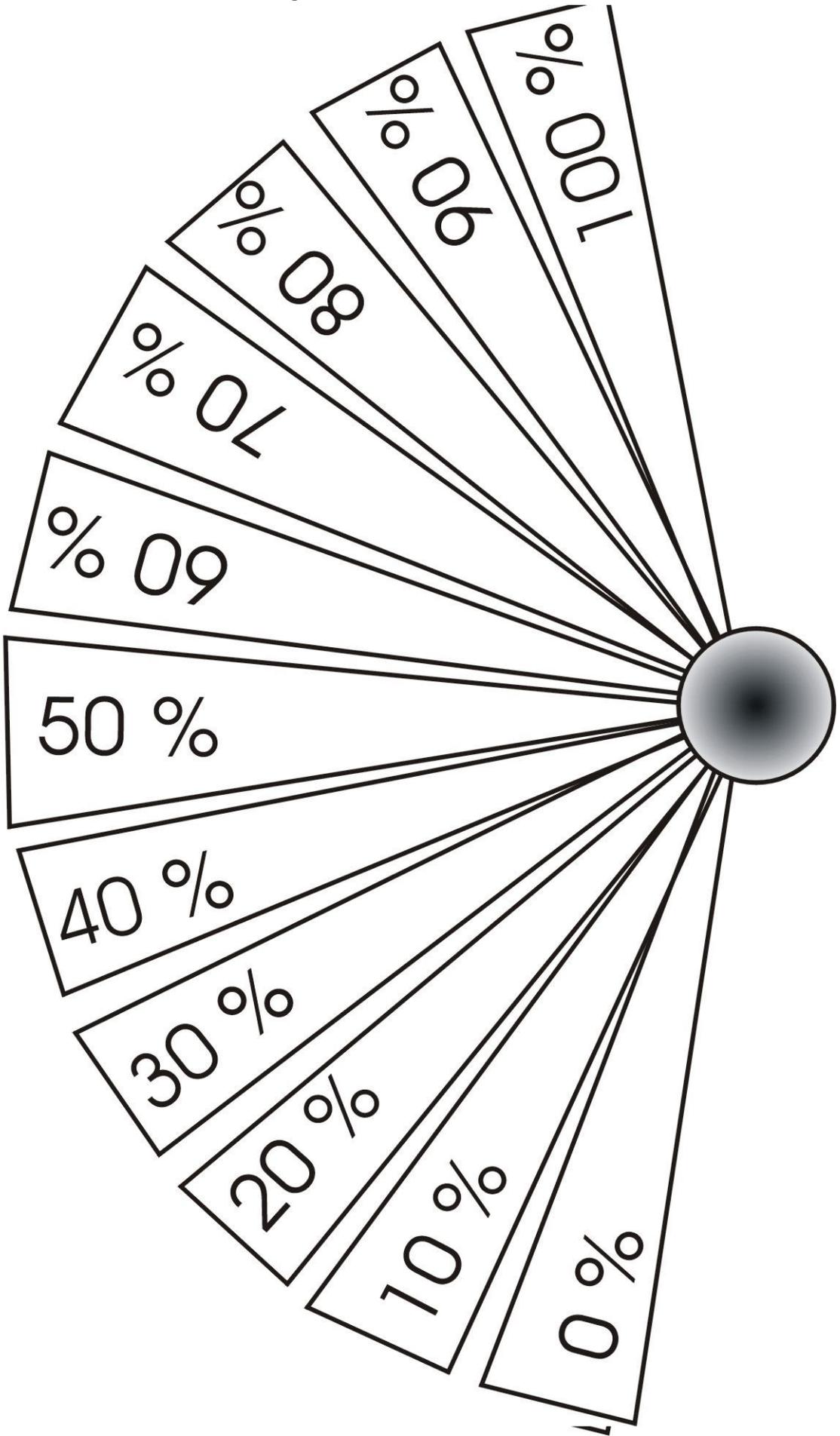
Conclusion.

May this little document on dowsing invite you to use a pendulum, to bring into your daily life this little “plus”, a little “plus” that can lead towards a great plus, and eventually change your life completely in a positive direction. God knows how badly we need this little “plus” because at the moment, our planet is moving towards total destruction. But if everybody would use dowsing or any other form of intuition, and would adapt to the mentality that goes with it (spirituality), then our planet could be restored in a very short time, much shorter than the time needed to destroy it.

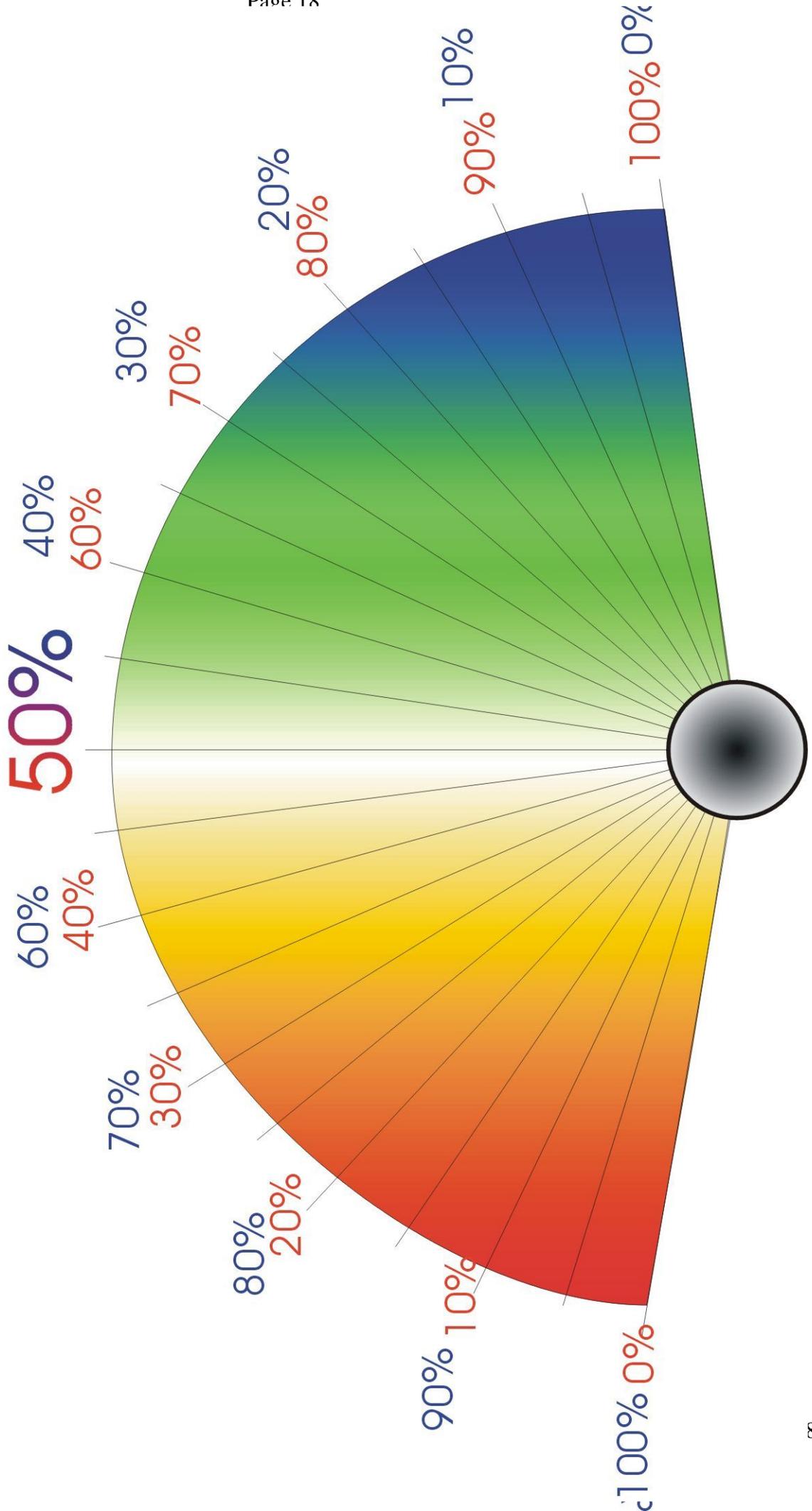
Thank you for your attention.

P.S. Hereafter some useful drawings for dowsing.

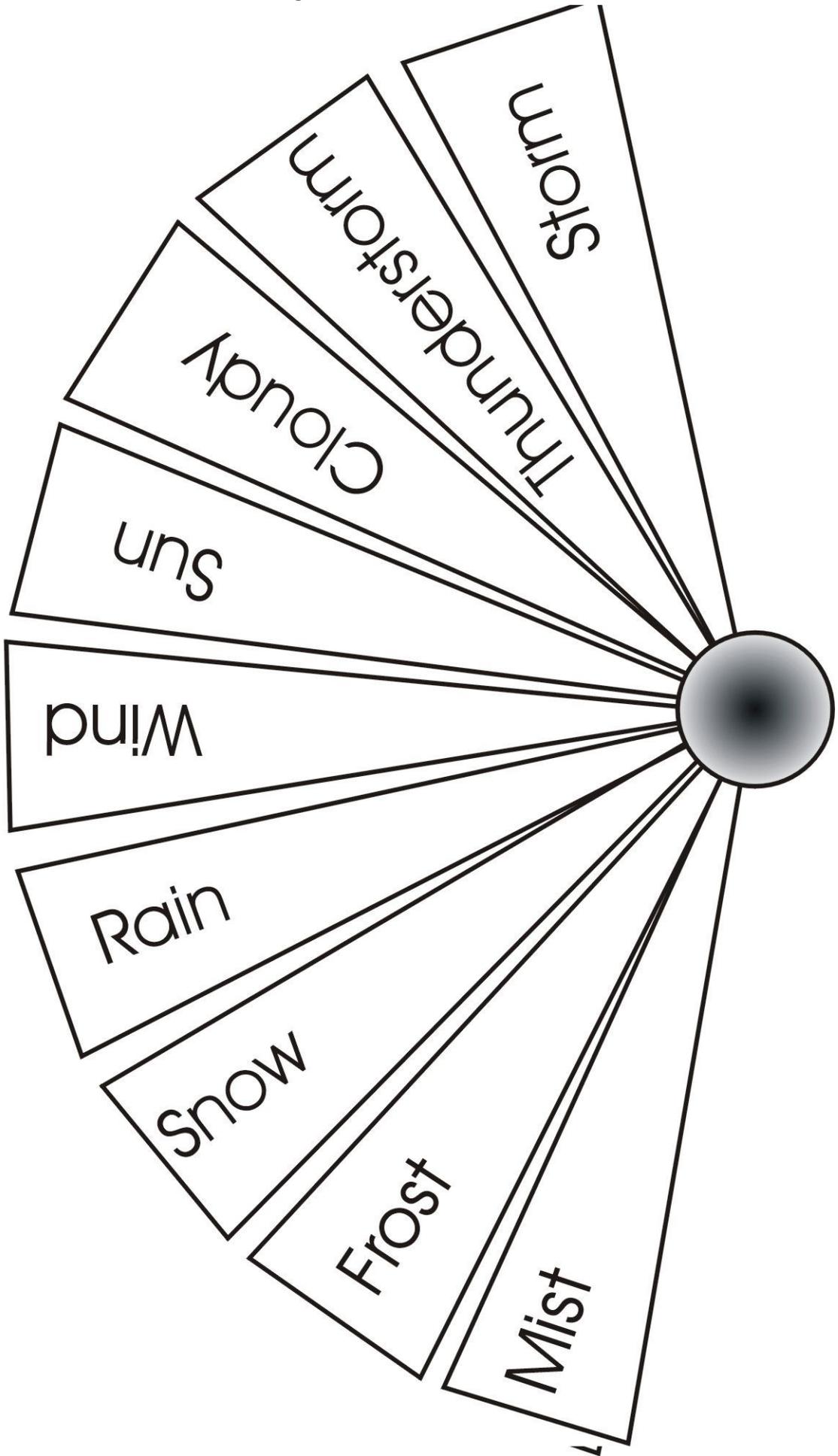
Percentage sheet



Percentage sheet color



Weather sheet



Food sheet

